



Follow these simple steps to increase your energy efficiency, keep your home comfortably cool, and keep your bills down.



TEMPERATURE

Thermostat:
Program or set to 78° F or higher for when you aren't home and overnight

Water heater:
Reduce to 130° F

Refrigerator:
Set to 36° to 39°

Freezer:
Keep at 0° to 5°



FANS

Ensure ceiling and window fans are well placed for circulation of cool air when home and use a whole house fan to remove hot air from the attic



FILTERS

Clean or replace A/C filters regularly to maximize their efficiency



LEAKS

Check weatherstripping or caulk around windows and doors and seals in ductwork to ensure you aren't losing cool air



CURTAINS

Close shades or blinds on east, north and south facing windows that get a lot of sunlight during the day



COOKING

Plan meals that can be made on a grill, in the microwave or prepared in advance to avoid using the oven or stove during the hottest parts of the day



INSULATION

Check if your attic and walls have proper insulation to keep warm air from coming in



CLEANING

Wash laundry and dishes only with full loads on cold and avoid using appliances during the hottest part of the day



A/C

Clear the area around outdoor units from weeds or other items and clean filters if needed



TREES

Plant or maintain trees on the east and south side of your home to create a natural sun shade